


Behavior Intervention and Support: Teacher Behavior Patterns


Module 3, Session 1
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The “Fight or Flee” Response

- “Authoritarian” response to misbehavior (Fight)
- “Passive” response to misbehavior (Flee)



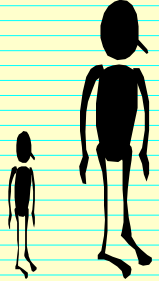
Student responses to the “Fight” style




- Hostility
- Resistance
- Unresponsive
- Low self-esteem

Student responses to “Flee” style

- Insecure
- Demanding
- Dependent
- Low self-esteem



Student Behaviors That Provoke “Fight or Flee”



- Verbal and physical abuse of another student
- Word and “mind games”
- Use of sexually explicit language
- Pouting, whining, tantrums
- Attitude “whatever;” “so?”
- Sarcastic remarks
- Intentional disrespect

Tips for Teachers

- Your attitude and perceptions will impact students’ expectations
 - Set the tone
 - Listen, restate, and make a time to discuss later
 - Pause before you pounce
 - Set personal goals to control fight or flee response - plan ahead
 - Analyze antecedents and control them

